

Seasonal Menu

Breakfast Menu

Autumn / Winter
2020

Melbourne Cricket Ground



E P I C U R E

MEMORABLE CULINARY EXPERIENCES

At EPICURE, we are passionate about creating culinary memories to last a lifetime. Our fresh menus are created to leave lasting impressions.

Why Epicure?



Over 28 years

We've been creating experiences with loyal customers for over 28 years.



Amazing food and award winning team

With our award winning team we create amazing food that guests will rave about.



Iconic venues

Our iconic venues create the perfect atmosphere to make lasting memories for any of your guests passing through their doors.



Bespoke event

We work side-by-side with you to develop a customised menu and memorable event experience that runs effortlessly down to the last detail.



Small to large

Our unique venues cater for workshops and dining events big and small for up to 1990 guests.



MEMORABLE CULINARY EXPERIENCES

THE EPICURE BREAKFAST

ON THE TABLE TO START

please select two items

Seasonal fruit plate

sliced tropical fruits & berries

Freshly baked mini muffins

banana & nutella
pear & blueberry

Fresh pastries

assortment of Danishes, croissants & scrolls

Creamed coyo

coconut yoghurt, vanilla, poached fruit

Apple puff pastry

French butter pastry, baked granny smith

HOT DISHES

please select one item

MCG big breakfast

scrambled eggs, toasted Turkish bread, crisp free-range bacon, grilled chicken & herb chipolata, rösti potato, slow roasted Roma tomato

Eggs Benedict

two 63° poached eggs, shaved Black Forest ham, toasted English muffin, chive hollandaise, sautéed Portobello mushrooms, wilted spinach

Omega 3

sugar cured gravlax salmon, truffle scented scrambled eggs, soft maize loaf, blistered vine ripened tomatoes, potato & sweetcorn croquette, petit chive, chervil & tarragon salad

Mixed grill

free range eggs, smoked bacon, lamb rissole, pork sausage, grilled field mushrooms, house baked borlotti beans, red pepper relish

Vegetarian

two 63° poached eggs, smashed avocado, blistered cherry tomatoes, Persian feta, olive sourdough, stewed capsicum relish, dill, chervil & chive salad, hazelnut dukkah crumble (v)

ADDITIONAL ITEMS

complete your breakfast by adding an optional extra

crisp free-range bacon

wilted baby spinach

house baked borlotti beans

blistered cherry tomatoes

grilled chicken & herb chipolata

pan fried mushrooms

rösti potato

hash browns

SERVED CONTINUOUSLY

Coffee & tea

Lavazza qualità oro premium Arabica coffee, Tea Drop tea selection

Fresh juice

apple, cranberry, orange

CONTINENTAL BREAKFAST

please select four items

Seasonal fruit platter

sliced tropical fruits & berries

Freshly baked mini muffins

banana & nutella

pear & blueberry

Fresh pastries

assortment of Danishes, croissants & scrolls

Bircher muesli

green apple, rhubarb labne & candied oats

Rhubarb & ginger friand

yoghurt frosting, pistachio nut

Pita wraps, rolls & sandwiches

chef's selection, cured & roasted meats, gourmet condiments, vegetarian options

Reuben croissant

shaved pastrami, Swiss cheese, sauerkraut

vine tomato, Swiss cheese, sauerkraut (v)

Breakfast club brioche

free range egg, bacon, havarti & relish

free range egg, wilted spinach, havarti & relish (v)

Savoury muffins

ham hock, pea, ricotta & mint

pumpkin, preserved lemon, raisin & almond nut (v)

Frittata

wild mushrooms & bacon

Mt Zero olive & pumpkin (v)

Triple cream mushroom tart

Meredith feta cheese, red pepper relish (v)

House-made pumpkin & polenta bread

kale, roasted cherry tomato (v)

SERVED CONTINUOUSLY

Coffee & tea

Lavazza qualità oro premium Arabica coffee, Tea Drop tea selection

Fresh juice

apple, cranberry, orange

STAND-UP COCKTAIL BREAKFAST

please select seven items

LITTLE CUPS

Creamed coyo

coconut yoghurt, vanilla, poached fruit

Chia & vanilla

organic almond nut, fresh blueberries

FRUITS

Wholemeal fruit pikelet

strawberries, ricotta & poppy seeds

Vitality smoothie

lychee, pineapple, mango & banana

PASTRY

Freshly baked mini muffins

banana & nutella
pear & blueberry

Fresh pastries

assortment of Danishes, croissants & scrolls

SAVOURY

Red gum smoked salmon bagel

dill mascarpone, Spanish onion, Lilliput capers

Brioche toast fingers

preserved lemon cream, thyme & pine nut pesto

Poached chicken rice paper roll

lime, palm sugar & rice vinegar caramel

VEGETERIAN

Panini

free range egg & wilted spinach (v)

Roasted cauliflower pinwheel

green harissa yoghurt (v)

House made nut granola

roasted banana yoghurt, gingered pears

Bircher muesli

green apple, rhubarb labne & candied oats

Kiwi & rockmelon skewer

minted yoghurt dipping sauce

Cleanse smoothie

spinach, apple, cucumber, celery & mint

Apple puff pastry

French butter pastry, baked granny smith

Mandarin mascarpone cakes

blanched pistachio

Reuben croissant

shaved pastrami, Swiss cheese, sauerkraut

Silverside 'colcannon' croquette

sweet piccalilli relish

Savoury muffin

ham hock, pea, ricotta & mint

Croissant

vine tomato, Swiss cheese, sauerkraut (v)

Frittata

Mt Zero olive & pumpkin (v)

SERVED CONTINUOUSLY

Coffee & tea

Lavazza qualità oro premium Arabica coffee, Tea Drop tea selection

Fresh juice

apple, cranberry orange

BREAKFAST FOOD STATIONS

bring a new dimension to your event with a beautifully presented food station, designed to create interaction between your guests, these tantalising displays will entice! to be served in conjunction with your continental or cocktail breakfast selection

BURRITO

scrambled eggs, bacon crisps, refried turtle beans, soft flour tortillas, sweet corn salsa, queso fresco, pico de gallo, avocado salsa, sour cream, chiffonade lettuce, chipotle sauce

ONCE OVER EASY

pan-fried eggs, maple roasted bacon, mushroom ragout, grilled chicken sausage, hashed brown potato, focaccia bread, Monterey Jack cheese, assorted relishes & sauces

SPANISH

cheese omelette, sliced chorizo & cured meats, assorted cheese platter, toasted muffins, sautéed spinach, crushed avocado & Persian feta, smoked peppers

PORRIDGE

wholegrain oats, bananas, berries, poached pears, mandarin, golden syrup, Demerara sugar, Tasmanian honey, yoghurt & assorted milks

BUTTERMILK PANCAKE & WAFFLES

stewed fruit compote, caramelised banana, seasonal berry salad, rich chocolate sauce, maple syrup, Chantilly cream, whipped maple & cinnamon butter

SMOOTHIE

Juice bar presented with a display of seasonal whole fruits

Immunity - blueberries, strawberries, orange & watermelon

Vitality - lychee, pineapple, mango & banana

Antioxidant - pomegranate, guava, paw paw & mint

PRODUCE NOTES

MEAT & POULTRY

HIGH COUNTRY PORK is barn raised and the pigs are free to roam within eco shelters that are designed to keep them clean and healthy. although they do not have access to an outdoor range, animals in this system can move around freely while benefiting from protection from predators, cold winters and the harsh Australian sun. we do not use any cage reared pork on any of our menus.

BARNED RAISED CHICKEN is our preference at EPICURE. we source the best local barn raised chicken which both supports local producers and means the chickens are reared in the most humane way possible, living as nature intended.

Our **CURED MEATS** and smallgoods are exclusively made for us by a local Italian family business in Carlton. they exclusively use free range pork for our products, cured in the traditional Italian way without the use of moisture, artificial enhancers or humidity controls.

FISH & SEAFOOD

SPENCER GULF & West Coast prawn fisheries pride themselves on being at the forefront of fisheries management in Australia and have set a benchmark in achieving an **ecologically sustainable industry**, adopted as a model not only in Australian state and national fisheries, but internationally as well.

YARRA VALLEY SALMON specialises in producing farmed salmon grown using the pristine waters of the Rubicon river one hour from Melbourne. experts claim this salmon is the closest in appearance and flavour to a wild Atlantic salmon due to the cleanliness of the water and the fact that the fish are constantly swimming against the flow of the river.

YARRA VALLEY SALMON CAVIAR is highest quality salmon roe produced in Australia. the farmed fish are gently milked in the most humane way before being released back into the water.

we use only **AUSTRALIAN SEAFOOD** on our menus, ordered in fresh daily from the Footscray fish market. Australian fisheries are administered according to the principles of **ecologically sustainable development** (esd) and Australia is a world leader in sustainable fisheries management both wild caught and aquaculture systems.

AQUACULTURE refers to raising fish, prawns, oysters, and other marine or freshwater foods under controlled conditions in water, either in ponds on shore or contained in net cages located in bays or in the open ocean.

EGGS

we choose not to use cage reared eggs in any part of our business, it is incredibly inhumane. they are caged for life without exercise while constantly drained of calcium to form egg shells, battery hens develop the severe osteoporosis from intensive confinement known as caged layer fatigue. calcium depleted, millions of hens become paralysed and die of hunger and thirst inches from their food and water

PRODUCE NOTES

DAIRY

SHAW RIVER BUFFALO MOZZARELLA is Australia's only water buffalo farm house dairy and is located alongside the Shaw River near the small coastal town of Yambuk in Victoria's southwest. the cows are milked daily with an average milk production of 8 litres per cow. the milk is porcelain white and has a smooth sweet taste. it contains twice the milk solids of cow's milk, about 30% more calcium and has high levels of antioxidants. we use Shaw River buffalo mozzarella as preference over any other local product.

TATURA BUTTER is an excellent Victorian produced butter. Tatura milk was established in 1907 and is located at Tatura 20km west of Shepparton. Tatura is supplied by approximately 330 local dairy farms and majority of the supplying farms are located within a 30km radius of the factory.

MEREDITH DAIRY is a small specialist farmhouse dairy situated half way between Ballarat and Geelong in Victoria. all Meredith cheeses are hand made using French farmhouse methods and mostly French derived cultures. we use Meredith cheeses throughout our menus because of their unique in flavour, texture, appearance and aroma and are truly world class.

TARAGO RIVER CHEESE COMPANY is located high on a hill looking down on the beautiful Tarago River and reservoir in Victoria's Gippsland, just over an hour from Melbourne. a family owned and run company; it is a joint venture between the Jensen and Johnson families. we choose Tarago cheese because of its superior consistent quality the traditional processes.

YARRA VALLEY DAIRY is a small family business started by Mary and Leo Mooney in 1995 on their dairy farm in one of the most picturesque wine regions of Australia. the property carries 200 top quality cattle. they are milked in a herringbone milking shed twice daily, in early morning and late afternoon, after which they are led to a fresh pasture to feed overnight. the milk is run from the milking shed directly to the cheese factory. non animal rennet is used and is vegetarian and gm free.

OLIVES

YELLINGBO is Melbourne's closest olive oil producer, a family operated business from three bridges farm, a small family run estate. the award-winning Yellingbo gold extra virgin olive oil is made using only traditional methods from the first cold pressing of handpicked olives.

MOUNT ZERO OLIVE GROVE a family owned business, is one of the oldest olive groves in Australia with a total of 6000 spanish manzanilla and gordal olive trees. mount zero olives is a located three hours west of Melbourne, on the northern edge of the Grampians national park. their success is due to an uncompromising commitment to sustainable organic/biodynamic agriculture.

CHOCOLATE

the chocolate for our desserts and sweets is of highest purity and quality. we use only Belgian and French made couvertures. conched from cacao beans sourced from around the world and grown 100% sustainably, we can assure your sweet experience will be like no other.

MENU KEY

(v) vegetarian (may contain egg, dairy products and/or honey)

SPECIAL REQUESTS

if any of your guests have particular dietary requirements, please advise us as soon as possible prior to your event.

NOTE

due to the seasonal nature of this menu, some items may not always be available. while we will endeavour to provide your desired selection, we may need to make substitutions from time to time.