

# Seasonal Menu

Breakfast Menu

Spring / Summer  
2019

**Brisbane City Hall**



EPICURE

MEMORABLE CULINARY EXPERIENCES

At EPICURE, we are passionate about creating culinary memories to last a lifetime. Our fresh menus are created to leave lasting impressions.

# Why Epicure?



## Over 28 years

We've been creating experiences with loyal customers for over 28 years.



## Amazing food and award winning team

With our award winning team we create amazing food that guests will rave about.



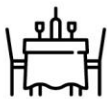
## Iconic venues

Our iconic venues create the perfect atmosphere to make lasting memories for any of your guests passing through their doors.



## Bespoke event

We work side-by-side with you to develop a customised menu and memorable event experience that runs effortlessly down to the last detail.



## Small to large

Our unique venues cater for workshops and dining events big and small for up to 1990 guests.



MEMORABLE CULINARY EXPERIENCES

## THE EPICURE BREAKFAST

40

### ON ARRIVAL

**Seasonal Fruit Plate**

Sliced tropical fruits & berries

**Selection of butter croissants & Danish pastries****Honey & vanilla yoghurt**

Apricot, walnut & chia seeds (gfp)

### HOT DISHES

*please select one item*

**The EPICURE breakfast**

Baked free range eggs with fine herbs & fetta, free-range bacon, vine tomato, sautéed mushroom & toasted sourdough

**Eggs benedict**

English muffin, baby spinach, double smoked ham & chive hollandaise

**Poached eggs & avocado**

Toasted rye bread, goat's cheese, lemon & dukkah

**Hot smoked ocean trout**

Asparagus, watercress, pesto bruschetta & kale (gfp)

**Eggs Royal**

Poached eggs, cured salmon, baby spinach, English muffin & dill hollandaise

**Banana Pancakes**

Mascarpone & toasted coconut

### SERVED CONTINUOUSLY

**Coffee & Tea**

Grinders fair trade coffee and Madame flavour tea selection

**Orange Juice**

**GOOD VIBES HEALTHY BREAKFAST****37****ON ARRIVAL****Seasonal Fruit Plate**

Sliced tropical fruits &amp; berries

**Honey & vanilla yoghurt**

Apricot, walnut &amp; chia seeds (gfp)

**HOT DISHES***please select one item***Free Range Poached Eggs**

Grilled Roma tomato, avocado, baby spinach, &amp; field mushroom (v) (gfp)

**Asparagus & Mushroom Quiche**

Grilled haloumi, watercress &amp; lemon salad (v) (gfp)

**Watermelon & Almond Salad**

Saffron yoghurt, toasted almonds, mint &amp; baked filo (v)

**SERVED CONTINUOUSLY****Coffee & Tea**

Grinders fair trade coffee and Madame flavour tea selection

**Orange Juice**

## CONTINENTAL BREAKFAST

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### Seasonal Fruit Platter

Sliced tropical fruits & berries

### Honey & vanilla yoghurt

Apricot, walnut & chia seeds (gfp)

### Selection of freshly baked butter croissants & Danish pastries

### EPICURE Granola Slice

Coconut, toasted almond, organic rolled oats and manuka honey

### SERVED CONTINUOUSLY

### Coffee & Tea

Grinders fair trade coffee and Madame flavour tea selection

### Orange Juice

### ADDITIONAL EXTRAS

*personalise your dining experience -price is per person*

### Chia Seed Pudding

Coconut, berries & honey roasted almonds

6 pp

### Savoury Muffins

Zucchini, parmesan & pumpkin seed muffin

Chorizo, corn & fetta muffin

8 pp

### Toasted Tortilla

Chive scrambled eggs, grilled bacon & cheddar cheese

9 pp

### Sausage & Egg Croissant Burger

Croissant pastry burger bun, grilled beef sausage & fried egg

12 pp

## MENU KEY

(v) Vegetarian (may contain egg, dairy products and/or honey)

(ve) Vegan (contains no animal products)

(gfp) Gluten-free product\*

(nfp) Nut-free product\*

(dfp) Dairy-free product\*

\*Although this dish is prepared with gluten, dairy or nut-free products, we cannot guarantee it is 100% gluten, dairy or nut-free as the dish is prepared in kitchens that also use gluten and dairy products and nuts.

## SPECIAL REQUESTS – FOOD ALLERGIES

If any of your guests have food allergies, please advise us no later than close of business four (4) working days prior to your event with your final numbers.

## FINAL NUMBERS

Final numbers and all final details are due by close of business four (4) working days prior to the event. Weekends and Public Holidays are not considered working days so please take this into consideration when setting RSVP dates. Please note if we do not receive final catering numbers by this date, then the amount outlined as the minimum catering numbers will be confirmed.

After this date should numbers increase, or additional specific requirements & dietary requirements are added, a 15% food and beverage surcharge will apply to these additional guests. EPICURE also reserves the right to substitute menu items from the confirmed menu to accommodate these additional numbers.

## NOTE

Due to the seasonal nature of this menu, some items may not always be available. While we will endeavour to provide your desired selection, we may need to make substitutions from time to time.

## PRODUCE NOTES

### MEAT & POULTRY

**GOORALIE FREE-RANGE PORK** is a mixed farming property near Goondiwindi, on Queensland's fertile darling downs. They produce pork that is supreme in taste and tenderness. This is achieved through a stress-free environment allowing them to be "as happy as" and fed a diet free of chemical residue, antibiotics and hormone growth.

**FREE RANGE CHICKEN** is our preference at EPICURE. We source the best local free-range chicken which both supports local producers and means the chickens are reared in the most humane way possible, living as nature intended.

### FISH & SEAFOOD

**RIVER CITY SEAFOODS** are our chosen suppliers of local and sustainable seafood. **HARVEY BAY, MOOLOOLABA, BUNDABERG** and the **FRASER COAST** are just a few of the regions where our seafood comes from. Australia is a world leader in sustainable fisheries management both wild caught and aquaculture systems.

**AQUACULTURE** refers to raising fish, prawns, oysters, and other marine or freshwater foods under controlled conditions in water, either in ponds on shore or contained in net cages located in bays or in the open ocean.

### DAIRY

The brief version of the history of cheese making in Queensland started in Toowoomba accredited for producing Australia's first blue-vein cheese while Warwick was well known for its cheddar. Locals were fiercely loyal to their own cheese makers but, as the co-ops grew, multinational corporations swallowed them up. Local cheese basically ceased to exist and those who wanted more than the homogenised supermarket variety relied on Victorian or Tasmanian cheeses to furnish their plates. In the past decade, there has been a welcomed return to artisan cheese making. Now there are over twenty small producers in Queensland, making everything from buffalo milk mozzarella to specialty Swiss cheeses as well as goat and sheep's milk cheeses.

At EPICURE we only use **FAIR TRADE**. Fair trade coffee is coffee which is purchased directly from the growers for a higher price than standard coffee. The purpose of fair trade is to promote healthier working conditions for all aspects of farming and production as a sizeable proportion of the world's coffee is produced in underprivileged countries. Buying direct from the growers at a higher price than standard ensures growers a guaranteed minimum fair price for their coffee.