

# Seasonal Menu

Working Lunch Menu

Spring / Summer  
2018-2019

**Melbourne Town Hall**



**E P I C U R E**

MEMORABLE CULINARY EXPERIENCES

At EPICURE, we are passionate about creating culinary memories to last a lifetime. Our fresh menus are created to leave lasting impressions.

# Why Epicure?



## Over 28 years

We've been creating experiences with loyal customers for over 28 years.



## Amazing food and award winning team

With our award winning team we create amazing food that guests will rave about.



## Iconic venues

Our iconic venues create the perfect atmosphere to make lasting memories for any of your guests passing through their doors.



## Bespoke event

We work side-by-side with you to develop a customised menu and memorable event experience that runs effortlessly down to the last detail.



## Small to large

Our unique venues cater for workshops and dining events big and small for up to 1990 guests.



MEMORABLE CULINARY EXPERIENCES



## WORKING LUNCH MENU

### WORKING LUNCH ONE

*Great for when you need to keep working through lunch*

#### THE BAKERY

Point sandwiches (6 points per person)

*All with chef's selection of delicious fillings, including vegetarian, changing daily*

#### FRESH FRUIT

##### Sliced fresh fruit

Selection of seasonal local & tropical fruits

#### BEVERAGES

##### Coffee & tea

Grinders coffee & a selection of temple teas, sweet biscuits

##### Refreshments

Orange juice, apple juice, mount franklin lightly sparkling

### WORKING LUNCH TWO

*Great for when you need to keep working through lunch*

#### THE BAKERY

A selection of seeded & soft bap rolls, mountain bread wraps & sourdough baguettes (2.5pp)

*All with chef's selection of delicious fillings, including vegetarian, changing daily*

#### FRESH FRUIT

##### Sliced fresh fruit

Selection of seasonal local & tropical fruits

#### BEVERAGES

##### Coffee & tea

Grinders coffee & a selection of temple teas, sweet biscuits

##### Refreshments

Orange juice, apple juice, mount franklin lightly sparkling

## WORKING LUNCH THREE

*A stand-up buffet lunch where all items are served in canapé size*

### THE BAKERY

A selection of soft bap rolls, gourmet sandwiches & mountain bread wraps (2pp)

*All with chef's selection of delicious fillings, including vegetarian, changing daily*

### THE HOT THINGS

*Please select three items*

#### **Lemon & parsley crumbed flathead strips**

Tartare sauce

#### **Creole chicken skewer**

Sweet chilli & lime aioli (gfp)

#### **Char sui bbq pork bun**

Steamed

#### **Little chicken schnitzel**

Lemon & lime mayonnaise

#### **Moroccan spiced Murray Valley lamb kofta**

Sumac yoghurt (gfp)

#### **Vegetable samosa**

Jack fruit & lime relish (v)

#### **Chick pea falafel**

Coriander labne (v)

#### **Beef & burgundy pie**

classic tomato sauce

#### **Vegetable tikka pie**

tomato chutney (v)

#### **Mini pizza selection**

Assorted toppings including vegetarian

#### **Lamb & rosemary sausage roll**

Mint tomato relish

### FRESH FRUIT

#### **Sliced fresh fruit**

Seasonal local & tropical selection

### BEVERAGES

#### **Refreshments**

Orange juice, apple juice, mount franklin lightly sparkling

#### **Coffee & tea**

Grinders coffee & a selection of temple teas

## WORKING LUNCH FOUR

*A stand up buffet lunch where all items can be eaten from small plate or bowl simply with a fork allowing guest to move and mingle*

### THE BAKERY

A selection of soft bap rolls, gourmet sandwiches & mountain bread wraps (2pp)

*All with chef's selection of delicious fillings, including vegetarian, changing daily*

### GRAZING DISHES

*Please select two items*

#### **Miso glazed salmon**

Soba noodle & pickled vegetable salad, kew pie mayonnaise

#### **Seafood basket**

Panko crumbed flathead, salt & pepper calamari, fried school prawn, Shoestring fries, lemon aioli

#### **Hawaiian chicken slider**

Sesame bun, pineapple mayonnaise, crisp pancetta, coral lettuce

#### **Southern fried chicken**

Slaw, smoky BBQ mayonnaise

#### **Keralan Murray valley lamb curry**

Fresh coconut, crisp curry leaves, basmati rice (gfp)

#### **Thai beef noodle salad**

Rice noodle, crisp vegetables, salt reduced soy, ginger & chilli dressing

#### **Beetroot risotto**

Koo wee rup asparagus, edamame beans, toast pumpkin seeds (v) (gfp)

#### **Silken tofu and sweet potato coconut curry**

Jasmine rice, roast cashews, coriander (vg) (gfp)

#### **Falafel**

Organic quinoa tabouleh, roast cauliflower, labna (v) (gfp)

### FRESH FRUIT

#### **Sliced fresh fruit**

Seasonal local & tropical selection

### BEVERAGES

#### **Refreshments**

Orange juice, apple juice, mount franklin lightly sparkling

#### **Coffee & tea**

Grinders coffee & a selection of temple teas

## PRODUCE NOTES

### MEAT & POULTRY

**HIGH COUNTRY PORK** is barn raised and the pigs are free to roam within eco shelters that are designed to keep them clean and healthy. Although they do not have access to an outdoor range, animals in this system can move around freely while benefiting from protection from predators, cold winters, and the harsh Australian sun. We do not use any cage reared pork on any of our menus.

**FREE-RANGE CHICKEN** is our preference at EPICURE. We source the best local free range chicken which both supports local producers and means the chickens are **reared in the most humane way possible**, living as nature intended.

Our **SMALLGOODS AND CURED MEATS** are exclusively made for us by a local Italian family business in Carlton. They exclusively use free range pork for our products, cured in the traditional Italian way without the use of moisture, artificial enhancers, or humidity controls.

**RIVERINA ANGUS BEEF** is a multi-award winning beef program, produced in the Riverina region of southern NSW, one of Australia's most productive food bowls. This region is well renowned for its fertile soils, abundant water and temperate climate, making it the ideal location for beef production. Australian Black Angus cattle are hand selected from accredited farms, where special attention is placed on the art of selective breeding utilising finely tuned genetics. These cattle are then grain fed on a specially formulated high protein grain ration for over 120 days, to ensure superior marbling and consistent eating quality

### FISH & SEAFOOD

**SPENCER GULF** & West Coast prawn fisheries pride themselves on being at the forefront of fisheries management in Australia and have set a benchmark in achieving an **ecologically sustainable industry**, adopted as a model not only in Australian state and national fisheries, but internationally as well.

**YARRA VALLEY SALMON** specialises in producing farmed salmon grown using the pristine waters of the Rubicon River one hour from Melbourne. Experts claim this salmon is the closest in appearance and flavour to a wild Atlantic salmon due to the cleanliness of the water and the fact that the fish are constantly swimming against the flow of the river.

**YARRA VALLEY SALMON CAVIAR** is highest quality salmon roe produced in Australia. The farmed fish are gently milked in the most humane way before being released back into the water.

We use only **AUSTRALIAN SEAFOOD** on our menus, ordered in fresh daily from the Footscray market. Australian fisheries are administered according to the principles of **ecologically sustainable development** (ESD) and Australia is a world leader in sustainable fisheries management both wild caught and aquaculture systems.

**AQUACULTURE** refers to raising fish, prawns, oysters, and other marine or freshwater foods under controlled conditions in water, either in ponds on shore or contained in net cages located in bays or in the open ocean.

## PRODUCE NOTES

### DAIRY

**SHAW RIVER BUFFALO MOZZARELLA** is Australia's only water buffalo farm house dairy and is located alongside the Shaw River near the small coastal town of Yambuk in Victoria's southwest. The cows are milked daily with an average milk production of 8 litres per cow. The milk is porcelain white and has a smooth sweet taste. It contains twice the milk solids of cow's milk, about 30% more calcium and has high levels of antioxidants. We use Shaw River buffalo mozzarella as preference over any other local product.

**YARRA VALLEY DAIRY** is a small family business started by Mary and Leo Mooney in 1995 on their dairy farm in one of the most picturesque wine regions of Australia. The property carries 200 top quality cattle. They are milked in a herringbone milking shed twice daily, in early morning and late afternoon, after which they are led to a fresh pasture to feed overnight. The milk is run from the milking shed directly to the cheese factory. Non animal rennet is used and is vegetarian and gm free.

**TATURA BUTTER** is an excellent Victorian produced butter. Tatura milk was established in 1907 and is located at Tatura 20km west of Shepparton. Tatura is supplied by approximately 330 local dairy farms and majority of the supplying farms are located within a 30km radius of the factory.

**MEREDITH DAIRY** is a small specialist farmhouse dairy situated half way between Ballarat and Geelong in Victoria. All Meredith cheeses are hand made using French farmhouse methods and mostly French derived cultures. We use Meredith cheeses throughout our menus because of their unique in flavour, texture, appearance and aroma and are truly world class.

**TARAGO RIVER CHEESE COMPANY** is located high on a hill looking down on the beautiful Tarago river and reservoir in Victoria's Gippsland, just over an hour from Melbourne. A family owned and run company; it is a joint venture between the Jensen and Johnson families. We choose Tarago cheese because of its superior consistent quality the traditional processes.

### OLIVES

**YELLINGBO** is Melbourne's closest olive oil producer, a family operated business from three bridges farm, a small family run estate. The award-winning **Yellingbo Gold Extra Virgin** olive oil is made using only traditional methods from the first cold pressing of handpicked olives.

**MOUNT ZERO OLIVE GROVE**, a family owned business, is one of the oldest olive groves in Australia with a total of 6000 Spanish Manzanilla and Gordal olive trees. Mount Zero Olives is located three hours west of Melbourne, on the northern edge of the Grampians national park. Their success is due to an uncompromising commitment to sustainable organic/biodynamic agriculture.

## MENU KEY

(v) vegetarian (may contain egg, dairy products, and/or honey)

(vg) vegan (contains no animal products)

(gfp) gluten-friendly product\*

(nfp) nut-friendly product\*

*\*Although this dish is prepared with gluten or nut-free products, we cannot guarantee it is 100% gluten or nut-free as the dish is prepared in kitchens that also use gluten products and nuts.*

## SPECIAL REQUESTS

If any of your guests have particular dietary requirements, please advise us as soon as possible prior to your event.

## NOTE

Due to the seasonal nature of this menu, some items may not always be available. While we will endeavour to provide your desired selection, we may need to make substitutions from time to time.