

Seasonal Menu

Lunch and Dinner Menu

Spring / Summer
2018-2019

South Australia



EPICURE

MEMORABLE CULINARY EXPERIENCES

At EPICURE, we are passionate about creating culinary memories to last a lifetime. Our fresh menus are created to leave lasting impressions.

Why Epicure?



Over 28 years

We've been creating experiences with loyal customers for over 28 years.



Amazing food and award winning team

With our award winning team we create amazing food that guests will rave about.



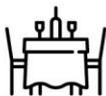
Iconic venues

Our iconic venues create the perfect atmosphere to make lasting memories for any of your guests passing through their doors.



Bespoke event

We work side-by-side with you to develop a customised menu and memorable event experience that runs effortlessly down to the last detail.



Small to large

Our unique venues cater for workshops and dining events big and small for up to 1990 guests.



MEMORABLE CULINARY EXPERIENCES

SEASONAL LUNCH AND DINNER MENU

DESCRIPTION

Three course set menu

Alternate service menu – priced per person per course

Chef's selection of canapes served with pre-dinner drinks

ENTREE

Seafood tasting plate

Spencer Gulf poached prawns, gin & cucumber gel

Hot smoked salmon, Adelaide Hills green apple remoulade

Pan seared scallop, Pendleton olive salsa, crisp Barossa pancetta

FROM THE SEA

Pepper dusted seared swordfish

Sesame soba noodles, cucumber ribbons, miso drizzle (dfp)

Hot smoked Tasmanian salmon

Sweet roasted shallot tart, green pea purée

Pan seared Spencer Gulf king prawns

Green onion & wombok okonomiyaki pancake, enoki kimchi

FROM THE FARM

Free range Lilydale chicken breast terrine

Pistachios, Barossa Valley pancetta, cornichons, salsa verde

Anise braised Limestone Coast beef

Crisp wonton skins, Japanese mayonnaise, summer basil (dfp)

Barbeque braised High Country pork belly

Charred corn salsa, crisp slaw, cilantro oil (dfp) (gfp)

FROM THE FIELD

Buffalo mozzarella

Spiced saltbush dukkah, roasted sweet potato, grilled zucchini, Riverland oranges (v)

Roma tomato & braised fennel tarte tatin

Herbed mascarpone, toasted Willunga almonds, olive & parsley salad (v)

MAIN COURSE

FROM THE SEA

Crispy skin Tasmanian salmon

Kipfler potato, shaved fennel, citrus, red onion, freeze dried mandarin (dfp) (gfp)

Saltwater barramundi fillet

Sticky rice, coconut curry sauce, bok choy, fragrant herbs (dfp)

FROM THE FARM

Marinated Adelaide Hills chicken breast

Caramelised corn, Barossa chorizo & roasted red pepper, coriander oil (dfp) (gfp) (nfp)

Chermoula Pressed Murray Lands lamb duo

Smoked tomato, sugar snap peas, feta, pomegranate molasses (gfp) (dfp)

Seared Limestone Coast beef fillet

Adelaide Hills beetroot skordalia, greens, grilled parmesan polenta, sweet sherry jus (gfp)

Char-grilled Limestone Coast beef fillet

Smoked Barossa bacon jam, forest mushrooms, wilted spinach, dutch carrots (gfp) (dfp)

Butter glazed chicken ballotine

Barossa pancetta & fig, spiced carrot purée, asparagus, tarragon jus (gfp) (nfp)

Indian spiced Fleurieu Peninsula lamb noisette

Lentil dahl, tomato chutney, fried curry leaf, semolina cake

Cured Wimmera duck breast

Braised wombok, crushed sweet potato, greens, sour cherry jus (gfp) (nfp)

Twice cooked Adelaide Plains pork belly fillet

Bok choy, miso glaze, taro crisps (dfp) (nfp)

FROM THE FIELD

Crumbed porcini mushroom risotto

Salsa verde, peperonata, buttered asparagus (v)

Herb & dukkah spiced goats' cheese

Caramelised eggplant, pomegranate molasses, harissa

BREAD & SALAD

shared at the table

Assorted freshly baked rolls

Unsalted Australian butter

House mix of seasonal leaves

Dried cranberries, slivered almonds, Spanish onion, raspberry dressing

DESSERT

Tasting dessert

Macadamia fudge torte, blackberry compote, lavender cream (gfp)

Peanut butter cremeux, chocolate disc, peanut brittle, caramel sauce (gfp)

Rosewater & blackcurrant meringue roulade, moscato gel, candied pistachio dust (gfp)

Adelaide Hills strawberry mousse

Framboise gel, basil pearls, vanilla sponge

Black forest trifle

70% dark Callebaut sponge, buttermilk custard, kirsch cherries, chocolate shavings

Adelaide Hills pear frangipane tart

Cardamom, saffron syrup, vanilla crème fraiche

Macadamia fudge torte

White chocolate & macadamia torte, blackberry compote, lavender cream (gfp)

Pavlova roulade

Rosewater & blackcurrant meringue, moscato gel, candied pistachio dust (gfp)

Peanut butter cremeux

Chocolate disc, peanut brittle, caramel sauce (gfp)

Banoffee twist

Caramelised banana, savoiardi, Baileys whipped cream, Callebaut cocoa

Fine South Australian cheese

Shared plate, South Australian dried fruits, local quince paste, falwasser wafer fine, crackers & lavosh

TO FINISH

Coffee & tea

Fair trade plunger coffee & tea selection

ADDITIONAL SIDES

Green beans, blanched broccoli, almonds & brown butter (gfp) (v)

Rustic roasted root vegetables, sea salt & rosemary (gfp) (v) (ve)

Greek salad style, feta cheese, cherry tomatoes, Kalamata olives & cucumber, baby cos leaves,

Pendleton Estate EVOO & aged balsamic (dfp) (gfp) (v) (ve)

PRODUCE NOTES

MEAT & POULTRY

We use **LIMESTONE COAST** premium beef and **FLEURIEU** lamb, proudly South Australian quality products derived from pasture fed, free range animals.

Free range chicken is our preference at EPICURE. We source the best free range chicken which both supports local producers and means the chickens are reared in the most humane way possible, living as nature intended.

FISH & SEAFOOD

We use only **AUSTRALIAN SEAFOOD** on our menus, ordered in fresh daily from the Angelakis Brothers Seafood Merchants. Australian fisheries are administered according to the principles of **ecologically sustainable development** (esd) and Australia is a world leader in sustainable fisheries management both wild caught and aquaculture systems.

AQUACULTURE refers to raising fish, prawns, oysters, and other marine or freshwater foods under controlled conditions in water, either in ponds on shore or contained in net cages located in bays or in the open ocean.

EGGS

At EPICURE we only use cage-free eggs with our preference being free-range. Battery hens suffer intensely and continuously throughout their lives. Cage-free hens are able to walk, spread their wings and lay their eggs in nests, vital natural behaviours denied to hens confined in cages. We only use free-range eggs on our breakfast menus.

PRODUCE NOTES

DAIRY

ARTISAN LOBETHAL CHEESE began as a way to generate income from a small herd of goats purchased to complete the hobby farm picture. In 1999, the idea was conceived to market the product to a wider audience. With a strong belief in local produce, this cheese maker only uses locally sourced cows and goats milk. With a range that includes brie, blue, camembert and variations of (double and triple cream, cow & goat and marinated products) this producer is able to produce high quality artisan cheese in large volumes without compromising on quality.

HINDMARSH VALLEY DAIRY is a small farmhouse dairy situated on the Fleurieu peninsula in South Australia, specialising in the production of a range of goat milk cheeses and dairy products based on traditional French, Italian and Swiss recipes. Production is based on artisanal principles where the cheeses and dairy products are made on farm from the milk received from a co-located dairy and the milk of their own animals. We use Hindmarsh Valley Dairy butter for its unique flavour, texture and uncompromised quality.

OLIVES

EPICURE loves using **PENDLETON ESTATE** extra virgin olive oil. Building on the 130 year tradition of growing olives in the Australian limestone coast region, the grandson of the founder, Grant W Wylie, established Pendleton Estate olive groves in the early 1990s. To ensure optimum quality and taste, Grant together with other local growers helped establish a state of the art olive mill, now one of the largest in Australia.

PENFIELD OLIVES is family-owned and family-operated, growing, curing and producing a range of traditional varieties of table olives, including kalamata olives, green jumbo (blonde) and wild olives. From some of the best picked varieties in our olive grove at Penfield Gardens, South Australia, we also produce a delightfully fresh and fruity first-pressed extra virgin olive oil.

MENU KEY

- (gfp) gluten friendly product*
- (nfp) nil-nut friendly product*
- (dfp) nil-dairy friendly product*
- (efp) nil-egg-friendly product*
- (fcfp) nil-fish/crustacea friendly product*
- (sfp) nil-sesame friendly product*
- (soyfp) nil-soy friendly product*

SPECIAL REQUESTS

If any of your guests have particular dietary requirements, please advise us as soon as possible prior to your event.

NOTE

Due to the seasonal nature of this menu, some items may not always be available. While we will endeavour to provide your desired selection, we may need to make substitutions from time to time.