

**SEASONAL MENU**  
**WORKING LUNCH**  
**MENU**





## MUSTARD PHILOSOPHY

By keeping up-to-date with the latest in food trends, MUSTARD sets the benchmark for responsible catering using quality foods grown and produced locally. Our culinary team produce seasonal menus that draw on the best food available in the market.

Today, MUSTARD is proud to be at the forefront of ethically responsible catering. We only work with suppliers who demonstrate best practices. This means minimum harm and maximum enjoyment for everyone.

### MENU KEY

(v) vegetarian (may contain egg, dairy products and/or honey)

(vg) vegan (contains no animal products)

(gf) gluten-free product\*

(nf) nut-free product\*

\*although this dish is prepared with gluten or nut-free products, we cannot guarantee it is 100% gluten or nut-free as the dish is prepared in kitchens that also use gluten products and nuts.

### SPECIAL REQUESTS

If any of your guests have particular dietary requirements, please advise us as soon as possible prior to your event.

### NOTE

Due to the seasonal nature of this menu, some items may not always be available. While we will endeavour to provide your desired selection, we may need to make substitutions from time to time.

## WORKING LUNCH MENU

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*includes fix organic fair trade coffee, simplicitea® selection and whole fruit selection*

### **BREADS, WRAPS AND SANDWICHES**

***choose 2 items***

parma ham, smoked havarti, pesto and tomato baguette  
smoked ham, bush tomato chutney and salad sandwich  
peppered pastrami, mizuna, shallot and chive sour cream baguette  
mexican spiced roasted vegetables, kidney bean and avocado tortilla wrap (v)  
grilled mediterranean vegetables and kalamata tapenade sandwich  
poached salmon, pea shoots, lemon and cucumber baguette (pi)  
free range egg, curried mayonnaise, coriander leaf, iceberg wrap (v)  
cajun mahogany creek chicken and white bean, tomato and guacamole wrap  
tuna, caper, baby spinach and parsley dressing wrap (v)  
smoked turkey, mustard pickle, red onion and spinach baguette  
flaked tasmanian salmon, cream cheese and chive sandwich  
mahogany creek chicken, corn relish, cheddar and iceberg sandwich  
rare roast beef, horseradish, vine tomato and cos sandwich

### **COLD BOWLS**

***choose 1 item – served in a small rice bowl***

endive, roast pumpkin, serrano shards, radish, pepitas  
freakah, kale, mint, zucchini, pomegranate, lemon  
black barley, green pea, beetroot, goats cheese  
charred cauliflower, curried lentils, coriander, chilli  
pearl cous cous, kalamata, cherry tomatoes, feta, capsicum  
quinoa, five bean, spiced halloumi, shallot dressing  
blackened radicchio, green beans, asparagus, parmesan  
celery, apple, puy lentils, grapefruit, frizze, sunflower seed  
coriander, cabbage, bean shoots, chilli, shitaki, miso  
rice noodle, wakame, straw mushroom, sesame

**add a protein to your salad for \$4 per person**

select from, cured salmon, chicken, beef, pork, prawns



### **SMALL BITES**

***choose 1 item – served as pass around in a small rice bowl***

moghrabieh cous cous, harrisa chicken, charred capsicum, mint, lemon

tandoori chicken, chana dahl, cumin yoghurt

slow cooked lamb, cannellini, vine tomato, green olives

jura sausage, pickled cabbage, potato crisps, sweet mustard

cajun spiced pumpkin, red bean, capsicum, chipotle dressing(v)

braised beef, roast parsnip, horseradish, pea sprouts

pork poke bowl, rice, crispy pork, edamame, spring onion, radish, chilli, sesame, soy

palak, aloo ghobi, cauliflower and potato curry, spinach, crushed poppadum(v)

goan style barramundi, kachumba salad, spiced mango chutney (v)

blackened salmon, coconut rice, coriander, bean shoots, red curry drizzle

### **SWEET TOOTH**

***choose 1 item***

toasted almond and cherry tart double cream (v)

lemon and chocolate drizzle cake

salted caramel and bitter chocolate tart

double chocolate crème pot, passionfruit gel, raspberry chocolate soil

honey cake pot, marinated oranges

terra cotta tiramisu, chocolate soil and basil

traditional lemon meringue pie